

Meik Führung

Change Management Essentials

For Managers and Smart Leaders



Nomos

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Rainer
Hampp

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Do it or you will be done,

Do it, and it will be fun!

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Prologue

This change handbook is written for you. It is written for managers who are faced with the challenge of initiating or managing a change process, but who actually do not have the time to do so because they are already more than busy with their operational tasks. What you find in this book, the tools, concepts and theories are proven and developed in almost 20 years of practical and academic experience in the field of Change Management.

This handbook is your companion on your change journey, with all the ups and downs of any significant change. It will help you to find your personal way through the challenging change process and to stay on track. It aims to help you to actively drive change and take the driver's seat. This will enable you to better manage and steer the change processes.

Your team will benefit from your Change Management by gaining a better understanding of your change project. That reduces resistances and increases the commitment of those affected. All in all, this leads to an increase in productivity and efficiency of the employees and to an acceleration and sustainability of your change project.

Covid-19 has once again shown us that we must expect radical changes at any time and find ways to deal with them successfully. Covid-19 has also shown us that humanity in total, states, organizations and individuals are capable of dealing successfully with radical change. People can change! Some are better at managing change than others, and that's because they embrace change and actively manage it – they practice Change Management.

The book was written for practice and daily use. There it must prove itself and be useful for you. I look forward to your feedback, own experiences and further suggestions (Meik.Fuehring@gmail.com).

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Windhoek/Frankfurt

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